



SMART CHOICE

Associate of Sciences in Physical Education (CSC) to Bachelor of Science Education in Health & Physical Education (NSU) Tahlequah Campus

Total Credit Hours at CSC (62) + Total Credit Hours at NSU (62) = 124 Credit Hours

Catalog Year: 2023-2024

Modalities Available (On-Campus, Online, Blended): All three modalities offered for NSU courses

Note to Students: The following is an 8-semester map provided to guide students as they plan their undergraduate education. This university transfer map is based on a full-time academic load of 30 credit hour per year but can be adjusted to fit a part-time schedule. Please note this is not an official degree plan, but a guide. Work with your academic advisor to develop a personalized degree plan based on this university transfer map.

YEAR ONE – CONNORS STATE COLLEGE			
Semester One	Hrs.	Semester Two	Hrs.
ENGL 1113 Comp I	3	ENGL 1213 Comp II	3
PSYC 1113 Intro to Psychology	3	SPCH 1113 Intro to Oral Comm	3
3 hours of humanities	3	HLTH 1113 Personal Health	3
EDUC 1111 College Orientation	1	PHED 2133 Found. Of Phys. Ed.	3
MATH 1473 Applied Math or MATH 1513 Pre-Calculus Algebra or STAT 2013 Elem. Stat	3	3 hours of HUMANITIES	3
		PHED 2512 Motor Learning (*subs for PED 4232)	2
Credit Hours:	13	Credit Hours:	17

YEAR TWO – CONNORS STATE COLLEGE			
Semester Three	Hrs.	Semester Four	Hrs.
GPS 1103 + 1101 General Physical Science + Lab	4	BIOL1114 General Biology	4
HLTH 1123 First Aid/Responding to Emerg.	3	HLTH 2383 Care & Prevention of Athl. Injuries	3
POLS 1113 American Federal Government	3	HLTH 2313 Health of School Child	3
HLTH 2353 Community Health	3	COMS 1133 Fund. of Comp. Usage	3
3 hours of foreign lang.	3	HIST 1483/93 US History (to 1865 or since 1865)	3
Credit Hours:	16	Credit Hours:	16

***Substituted or equivalent to NSU course*

SUMMER @ NSU		
SPED 4433 Intro to Ed. Of Children w/Exceptionalities		3
	Summer Credit Hours =	3

THREE – NORTHEASTERN STATE UNIVERSITY			
Semester Five (Pre-I Internship)	Hr s.	Semester Six	Hrs.
**2.75 GPA and 45 credit hours required.			
**EDUC 3113 Educational Psychology	3	P ED 4662 - Teaching Adapted Physical Education	2
**EDUC 3313 Clinical Teaching/ Pre-Internship I (co-enrollment in EDUC 3113 required)	3	P ED 2252 - Techniques of TeachLifetime Fitness	2
EDUC 4823 Technology & the 21st Century Learner	3	H ED 4363 - Kinesiology	3
H ED 2254 - Human Anatomy & Physiology	4	P ED 2232 - Outdoor Recreational Activities	2
P ED 2212 - Techniques of Teach Individual Sports	2	P ED 4223 - Measurement and Evaluation of HPE	3
P ED 2222 - Techniques of Teaching Team Sports	2	P ED 4513 - ElemSchool Prog in PE	3
Credit Hours:	17	Credit Hours:	15

YEAR FOUR – NORTHEASTERN STATE UNIVERSITY



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Semester Seven (Pre-II Internship) Take Oklahoma Subject Area Test (OSAT)	Hrs.	Semester Eight (Full Internship) **All previous courses must be completed and OSAT must be attempted	Hrs.
*EDUC 4032 Pre-Internship II (co-enrollment in SPED 4063 required)	2	**EDUC 4044 Elementary Intern Teaching	4
EDUC 4353 Second. Teach. Method & Prac.	3	**EDUC 4054 Elementary Intern Teaching	4
H ED 4333 - Physiology of Exercise	3	**EDUC 4172 Assessment and Evaluation	2
P ED 4313 - Org & Adm of PE and Rec Programs	3	**EDUC 4252 Seminar (requires 6 seminars on campus)	2
P ED 4452 - Curr Dev in Physical Education	2		
P ED 4612 - Secondary Physical Education	2		
Credit Hours:	15	Credit Hours:	12

***Denotes a course that must be passed with a certain grade in order to progress in the program or transfer.**

Milestones and Recommended Actions - CSC:

- **Consider Summer Courses:** Summer courses at CSC can help accelerate your time to transfer, and help you stay on track. Talk to your advisor about planning summer courses.
- **During or After Year One at CSC:** Consider a campus tour of Northeastern State University and connect with a NSU academic advisor, to ensure you are on track to transfer. Your CSC academic advisor can assist in planning these actions.
- **During Year Two at CSC:** After semester three coursework, apply for admission at Northeastern State University as a transfer student (<https://apply.nsuok.edu/>).
- **Final Semester at CSC:** Congratulations you are about to earn your Associate degree. Be sure to apply for graduation.
- **Transcripts:** submit official CSC transcript to NSU.
- **Reverse Transfer:** If you have not earned an Associate in Arts or an Associate in Science from CSC, and have completed 60 credit hours, with 15 of those hours completed at CSC, check to see if you qualify for a degree through the Reverse Transfer program.
- Additional CSC milestone/action if needed.

Program Information and Recommended Actions - NSU: In addition to general education and program requirements stated above, additional hours may be needed to satisfy all minimum degree requirements listed below.

- Be accepted for admission to teacher education, pre-II internship, and full internship according to published course sequence and guidelines.
- Demonstrate proficiency at the high novice level in a language other than English.
- Complete all courses in the major and Professional Education Core with a grade of "C" or higher.
- Students entering NSU beginning Fall 2013 must have an overall GPA of 2.75 for admission to teacher education.
- Once admitted to the teacher education program, all majors must continue to maintain a GPA of 2.5 (overall and in their major field of study) through completion.
- 4 X 12 requirement - Early Childhood, Elementary Education, and Special Education programs require completion of 12 semester hours with a grade of "C" or better in the following disciplines: Communication Arts (English, Communication, Literature), Math, Science, and Social Science (Economics, Geography, History, Political Science, Psychology, Sociology) prior to graduation.
- All Professional Education majors must complete PSYC 1003 or PSYC 1113. Advisors recommend those courses be completed as part of the General Education course sequence.

Accelerated B.S.Ed. Health and Physical Education to M.S. Health and Sport Science: Health Education IMPORTANT:

- Students admitted to the Accelerated B.S.Ed. Health and Physical Education to M.S. Health and Sport Science: Health Education degree program will complete up to 9 hours of graduate level credit to apply toward both the undergraduate and graduate degrees.



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- Students may not receive credit toward the bachelor's degree for both the undergraduate and the paired graduate-level course. A student completing an undergraduate course and the paired graduate-level course will only receive credit for one course toward the bachelor's degree.
- A minimum grade of C is required for all 5000 level graduate courses.
- Students who do not follow the approved degree plan may become ineligible to continue in the accelerated degree program.
- Prior to completing the undergraduate degree, if the undergraduate GPA, graduate GPA and/or overall GPA fall below a 3.00, the student becomes ineligible to continue in the ADP.
- Students may withdraw from an approved accelerated degree pathway. Graduate credit hours completed prior to the student withdrawing or becoming ineligible to continue in the ADP apply toward the undergraduate degree only.

B.S.Ed. Health and Physical Education	M.S. Health and Sport Science: Health Education Option
H ED 4323 School Health Education and Promotion	H ED 5183 Methods and Strategies in Health Education
H ED 4353 Community Health	H ED 5013 Foundations of Health Education and Promotion
P ED 4223 Measurement and Evaluation of Health and Physical Education	H ED 5553 Research Methods in Health Education and Sport

Baccalaureate Degree Information:

- Students must complete 60 of 124 credit hours from a university (four-year school), excluding physical education courses.
- 30 credit hours are required from NSU.
- 40 credit hours must be junior and senior (3000/4000) level courses.
- At least 18 hours or 50% of the major, whichever is greater, must be from NSU; half the major must be upper level (3000/4000).
- English proficient (ENGL 1113 Composition & ENGL 1213 Composition II) with a C or better.
- Computer proficient.

Learn More About Programs in this Pathway:

- CSC Physical Education - Link to program page
- NSU Psychology Program

<https://academics.nsuok.edu/healthkinesiology/DegreePrograms/HealthandPhysicalEducationBSEd.aspx>



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Transfer Office
Connors State College website
<https://connorsstate.edu/>
Contact: haley.m.hilton@connorsstate.edu

Transfer Student Services
Northeastern State University
www.nsuok.edu/Transfer-Student-Services
Contact: transfer2nsu@nsuok.edu

Mao-Soyi Kim

10/10/2023

Department Chair/Program Coordinator, Northeastern State University Date

Vanessa Anton

10/11/2023

College Dean, Northeastern State University Date

Carla Swartinger

10/11/2023

Provost, Northeastern State University Date

Sigmund Rock

10/13/2023

Division Chair, Connors State College Date

Ch McBee

10/13/23

Provost, Connors State College Date